



Arts in Healing: Outpatient Art Therapy

Art therapy is an established mental health profession that uses the creative process of artmaking to improve and enhance the physical, mental, and emotional well-being of individuals of all ages. When words are hard to find, art therapy has the power to bring further meaning and insight as artmaking with a certificated clinician can be a non-threatening tool that allows individuals to open up and share their feelings, views, and experiences in a supportive way.

During sessions, the art therapist will discuss your needs, suggest art media, and work with you to utilize the creative process and resulting artwork to meet therapeutic goals. Art therapists are professionals who possess a Master's Degree in the field of Art Therapy. Anyone can benefit from art therapy and does not require talent or technical abilities.

**Schedule an appointment by emailing
artsinhealing@musc.edu**

www.MUSChealth.org/arts



Changing what's possible

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Client Focus

Adults
Teen
Preteen
Children (4+)

Specialties

Anxiety	Trauma and PTSD
Depression	Emotional
Addiction	Disturbance
Chronic Illness	Obsessive-
Chronic Pain	Compulsive (OCD)
Life Transitions	Behavioral Issues
Peer Relationships	Infertility and
Relationship Issues	Postpartum
Self Esteem	LGBTQ+ Issues
Siblings of those with disabilities or illness	Grief and Loss

Contact

To schedule an appointment or for more information,
email artsinhealing@musc.edu.

Location

MUSC Health & Wellness Institute
1122 Chuck Dawley Boulevard, Building B
Mount Pleasant, SC 29464

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